

PSJ. Primary Sjögren's Syndrome

NIHR BioResource – Rare Diseases study project

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V1.1 20/05/2019

Summary

Primary Sjögren's syndrome is a long term condition and can have a big impact on daily life.

It is an autoimmune condition affecting the body's secretory glands (e.g. those producing saliva, tear, vaginal and digestive secretions) and can also cause joint/muscle pain as well as fatigue – both physical and mental. It can therefore cause a wide variety of symptoms and complications and lead to difficulty in diagnosis.

The treatments available are for management of symptoms.

The NHS website (<https://www.nhs.uk/conditions/sjogrens-syndrome/>) and the British Sjögren's syndrome Association (BSSA) website (<https://www.bssa.uk.net/>) provide good information on Sjögren's syndrome.

Recruitment Criteria

Inclusion

Patients must fulfil either:

- American European Consensus Group Criteria¹ (AECG, 2002)

Or

- American College of Rheumatology/European League Against Rheumatism Criteria² (ACR/EULAR, 2016).

¹AECG 2002: Vitali C, et al. Classification criteria for Sjögren's syndrome: a revised version of the European criteria proposed by the American-European Consensus Group. *Ann Rheum Dis.* 2002 Jun;61(6):554-8.

²ACR/EULAR 2016: Shiboski CH et al. 2016 American College of Rheumatology/European League Against Rheumatism classification criteria for primary Sjögren's syndrome: A consensus and data-driven methodology involving three international patient cohorts. *Ann Rheum Dis.* 2017 Jan;76(1):9-16. and in *Arthritis Rheumatol.* 2017 Jan;69(1):35-45.

Exclusion

Diagnosis of Sjögren's syndrome uncertain based on clinician's judgement.