



The DNA, Children + Young People's Health Resource (D-CYPHR)

## Your family can help health research

If you have children aged 0 -15 you can join the national D-CYPHR children's health research programme. We help researchers better understand the genetics of childhood diseases.

1



Express your interest (online or in clinic)

2



The parent / guardian sign a consent form



Where appropriate, the child / young person agrees to join by signing an assent form

3



Complete a health and lifestyle questionnaire

4



The child gives a saliva sample (at home or in clinic)



If you join in clinic - a blood sample may be requested instead.

### Why is it needed?

We are missing vital clues to prevent illness in children and in the adults they will become.

### Who is it for?

Any family with a UK address. Children with and without health conditions can join.

We are asking people from all backgrounds to join so the research benefits all communities.

### What else should I know?

- You can stop taking part at any time. This will not impact your child's medical care.
- Your data is used for research purposes only.
- This is not a DNA test. You don't find out about your child's health. The sample is given for research only, not to give a diagnosis.
- This is a voluntary programme.
- Both the data and sample are stored securely.
- All personal data is removed.



Join today



[bioresource.nihr.ac.uk/dcyphr](https://bioresource.nihr.ac.uk/dcyphr)  
[dcyphr@bioresource.nihr.ac.uk](mailto:dcyphr@bioresource.nihr.ac.uk)

### Support health studies

Join our community of thousands of families supporting health research. We can contact you with children's health studies you can support.

